

Cathie-Ann Lippman, M.D.

Beverly Hills Environmental Doctor

“Creating Vibrant Health in a Toxic World”

As a member of the American Academy of Environmental Medicine since the early 1980s, Dr. Cathie Lippman has been one of the pioneers in alternative medicine. Her message, “Create Vibrant Health in a Toxic World,” resonates with audiences who are concerned about how the environment affects their health.

Dr. Lippman received her M.D. in 1973 from the University of Chicago Pritzker School of Medicine. After a pediatric internship at L.A. County-U.S.C. Medical Center, she studied adult and child psychiatry at U.C.L.A. and was board certified in each specialty in 1980.

Dr. Lippman became dissatisfied with the limitations of a psychiatric focus. She changed her practice from psychiatry to alternative medicine in order to address the whole individual. Dr. Lippman’s extensive knowledge and understanding of the whole person, including psychological, nutritional, and physiological influences, as well as environmental factors, make her uniquely qualified to examine how these various influences affect the patient.

Thousands of patients over the years have consulted and trusted Dr. Lippman. Now, she is generously sharing her special knowledge with audiences and listeners throughout the United States.

As one satisfied listener commented, “Who would think: a lecture by a doctor who educates as well as treats.” (Susan R., R.N.) Another comment: “Because you are a leading expert in the field of alternative medicine, my expectations were high. You delivered! I learned so much from just one lecture. You made me aware of everyday exposures that are affecting my health. Thanks very much.” (Andy K.) Lastly: “Dr. Lippman gave sound and thoughtful answers to my questions. I have never been able to understand a doctor so easily as I could with her.”



- **Toxins in our water**
- **Poisons in our air**
- **Metals in our seafood**
- **Pesticides in our fruits and vegetables**
- **Dangerous ingredients in our snacks**
- **Chemicals in our cosmetics**

*What is a person to do?
Dr. Lippman has answers.*

Read Cathie Lippman, M.D.’s blog, “Staying Healthy in a Challenging World”:
<http://cathielippman.wordpress.com/>

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